



403(b) Participant Election

ING Life Insurance and Annuity Company
 P.O. Box 990063
 Hartford, CT 06199-0063
 Telephone: 800-262-3862
 Fax: 800-643-8143

Enrollment Type:	You must select the appropriate box. I am already enrolled and would also like to enroll in <i>(check all that apply)</i> : <input type="checkbox"/> Employee Roth 403(b) Account* <input type="checkbox"/> Employee Pre-Tax 403(b) Account* <i>*You must also complete a salary reduction agreement and submit it to your employer.</i>			
Participant Information	Participant Name <i>(last, first, middle initial)</i>		Social Security No.	
	<i>Please print.</i>			
	MANDATORY - Participant Resident Address <i>(number & street)</i>		P.O. Box <i>(optional)</i>	
	City/Town	State	ZIP	
	Email Address			
Date of Birth	<input type="checkbox"/> Male <input type="checkbox"/> Female	Marital Status <input type="checkbox"/> M <input type="checkbox"/> S	Home Telephone No. ()	
School District/Employer Name		Payroll Location No.	Work Telephone No. ()	
Billing Group No.				
Recurring Contributions (Mandatory)	Frequency EE EE Roth	Employee Pre-Tax Contribution Amount:	Employee Roth 403(b) After-Tax Contribution Amount:	
Account Information	If you have elected a Roth 403(b), please indicate the first year of any contribution made or directly rolled over to any previously established Roth 403(b) account in your current employer's plan: _____. If no year is provided, we will use the year your initial Roth 403(b) contribution is applied to this contract.			
Investment Allocation of the account newly elected in the "Enrollment Type" section above.	Enter the percentage of the amount to be allocated to each investment option.			
	ALLOCATION OF NEW ACCOUNT			
	Fund Number	%	Fund Number	%
	_____	_____	_____	_____
_____	_____	_____	_____	
_____	_____	_____	_____	
_____	_____	_____	_____	
<i>The total elections per the account newly elected must equal 100%.</i>				
<ul style="list-style-type: none"> For more information about the available investment options and their fund numbers, please refer to your latest ING statement or visit our web site at www.ingretirementplans.com Transfers or withdrawals from the ING Fixed Account, the ING Fixed Plus Account, the ING Fixed Plus Account II or the Guaranteed Accumulation Account may be subject to restrictions or market value adjustments. Please see contract prospectus or prospectus summary or fund fact sheets or call 800-262-3862. Additional information about the investment options is provided in the contract prospectus or prospectus summary, applicable fund prospectuses, fund fact sheets, and/or fund performance reports. To request a prospectus, please call 800-262-3862. A maximum of 18 investment options may be used at any one time; however certain additional restrictions may apply. 				
Signature	Participant Signature	City and State Where Signed	Date <i>(mm/dd/yyyy)</i>	
	ING Representative Name <i>(print name)</i>			